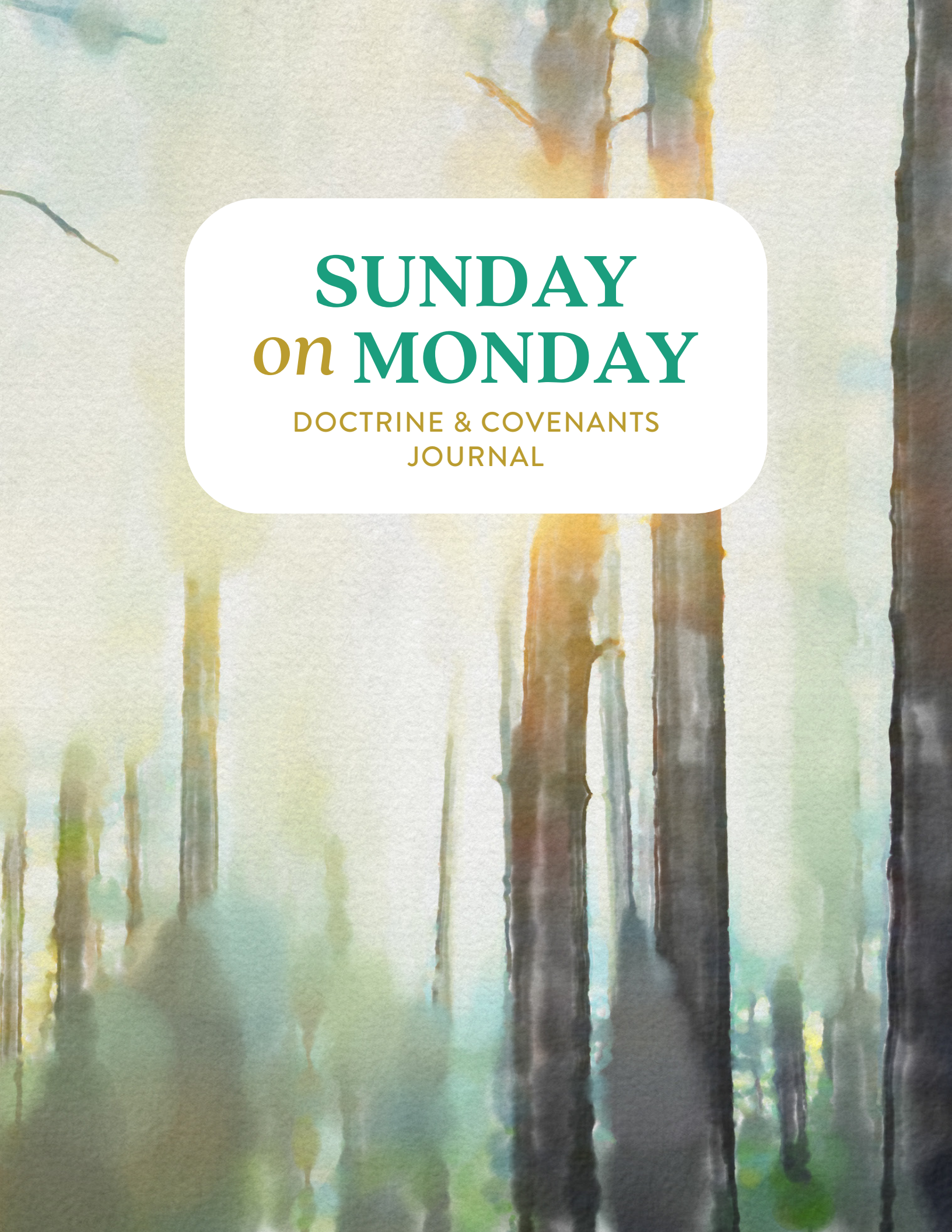




SUNDAY *on* MONDAY

DOCTRINE & COVENANTS
JOURNAL

SUNDAY
on MONDAY

THE RESTORATION

Dec. 30 - Jan. 5

The Promised Restoration Goes Forward

For this lesson you will need to print off a copy of “The Restoration of the Fullness of the Gospel of Jesus Christ: A Bicentennial Proclamation to the World” from the [lds.org](https://www.lds.org) website

[illegible]

SUNDAY
on MONDAY

THE RESTORATION BEGAN
WITH A QUESTION.

One of the greatest doctrinal truths
restored through the Prophet Joseph
Smith is this: *If any of us lack
wisdom we really can ask God, and he
will respond generously.* And He
won't laugh or make fun of anything
we ask for. (James 1:5)

SUNDAY
on MONDAY

THE RESTORATION

Dec. 30 - Jan. 5

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top and bottom corners of the page are rounded. The paper appears to be from a notebook or a standard sheet of stationery.

SUNDAY
on MONDAY

THE RESTORATION

Dec. 30 - Jan. 5

WHAT DO YOU WANT TO ASK?

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

[illegible]

SUNDAY
on MONDAY

HEARKEN, O YE PEOPLE

Jan. 6 - Jan 12

Hearken, O Ye People

Doctrine and Covenants 1

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

HEARKEN, O YE PEOPLE

Jan. 6 - Jan 12

“Truth helps us avoid deception, discern good from evil, receive protection, and find comfort and healing. Truth can also guide our actions, make us free, sanctify us, and lead us to eternal life.” Elder John C Pingree Jr, “Eternal Truth”

October 2023

SUNDAY
on MONDAY

HEARKEN, O YE PEOPLE
Jan. 6 - Jan 12

PLANT _____

TURN _____

EARTH _____

WASTED _____

SUNDAY
on MONDAY

HEARKEN, O YE PEOPLE
Jan. 6 - Jan 12

Lined area for writing or drawing.

SUNDAY
on MONDAY

HEARKEN, O YE PEOPLE

Jan. 6 - Jan 12

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

I Saw a Pillar of Light

Joseph Smith History 1:1-26

Lined area for writing notes.

SUNDAY
on MONDAY

“I SAW A PILLAR OF LIGHT”
January 13-19

James 1:5 If any of you lack
wisdom, let him ask of God,
that giveth to all men liberally,
and upbraideth not; and it shall
be given him.

UPBRAIDETH _____

LIBERALLY _____

“I SAW A PILLAR OF LIGHT”

January 13-19

January 13-19

Carlos Smith, Lucy Smith

[illegible]

SUNDAY
on MONDAY

“I SAW A PILLAR OF LIGHT”

January 13-19

Lined area for writing or drawing.

“I SAW A PILLAR OF LIGHT”

January 13-19

January 13-19

[illegible]

HEARTS OF THE CHILDREN

January 20-26

January 20-26

Doctrines & Covenants 2; JSH 1:27-65

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

GOD HAS A WORK
FOR YOU TO DO!

Elder John C. Pingree JR in his 2017
General Conference talk perfectly said
this: “Some of us question whether
Heavenly Father can use us to make
important contributions. But remember,
He has always used ordinary people to
accomplish extraordinary things” (“I
Have a Work for Thee”)

HEARTS OF THE CHILDREN

January 20-26

January 20-26

[illegible]

HEARTS OF THE CHILDREN

January 20-26

January 20-26

This image shows a full page of blank white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a guide for writing. There are no margins, text, or other markings on the paper.

MY WORK SHALL GO FORTH

Jan. 27 - Feb. 2

Jan. 27 - Feb. 2

Doctrine & Covenants 3-5

MY WORK SHALL GO FORTH

Jan. 27 - Feb. 2

Jan. 27 - Feb. 2

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MY WORK SHALL GO FORTH

Jan. 27 - Feb. 2

Jan. 27 - Feb. 2

WHAT QUALITY DO YOU HAVE? WHAT QUALITY DO YOU WANT TO WORK ON?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MY WORK SHALL GO FORTH

Jan. 27 - Feb. 2

Jan. 27 - Feb. 2

This image shows a single page from a notebook or ledger. The page is white with rounded corners and features horizontal ruling lines spaced evenly down its length. There are no margins, text, or other markings on the page.

MY WORK SHALL GO FORTH

Jan. 27 - Feb. 2

Jan. 27 - Feb. 2

[illegible]

SUNDAY
on MONDAY

SPIRIT OF REVELATION

Feb. 3 - Feb. 9

This is the Spirit of Revelation

Doctrines & Covenants 6-9

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

SPIRIT OF REVELATION

Feb. 3 - Feb. 9

“In the process of revelation and in making important decisions, fear almost always plays a destructive, sometimes paralyzing role. To Oliver Cowdery, who missed the opportunity of a lifetime because he didn’t seize it in the lifetime of the opportunity, the Lord said, “You did not continue as you commenced.” Elder Jeffrey R Holland, “Cast Not Away Therefore Your Confidence”, BYU Speeches March 2, 1999

[illegible]This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“Yes, there are cautions and considerations to make, but once there has been genuine illumination, beware the temptation to retreat from a good thing. If it was right when you prayed about it and trusted it and lived for it, it is right now. Don’t give up when the pressure mounts...Don’t give in. Certainly don’t give in to that being who is bent on the destruction of your happiness. He wants everyone to be miserable like unto himself. Face your doubts. Master your fears. “Cast not away therefore your confidence.” Stay the course and see the beauty of life unfold for you. Elder Jeffrey R Holland, “Cast Not Away Therefore Your Confidence”, BYU Speeches March 2, 1999

SUNDAY
on MONDAY

SPIRIT OF REVELATION

Feb. 3 - Feb. 9

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners at the top and bottom. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

SPIRIT OF REVELATION

Feb. 3 - Feb. 9

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook or legal stationery. There are no margins, text, or other markings on the page.

SUNDAY
on MONDAY

COME OFF CONQUEROR

February 10 - 16

“That Thou May Come Off Conqueror”

Doctrine and Covenants 10 - 11

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“Pray Always”

Doctrine and Covenants 10:5

SUNDAY
on MONDAY

COME OFF CONQUEROR

February 10 - 16

“Morning and evening prayers—and all of the prayers in between—are not unrelated, discrete events; rather, they are linked together each day and across days, weeks, months, and even years.

This is in part how we fulfill the scriptural admonition to “pray always.” Such meaningful prayers are instrumental in obtaining the highest blessings God holds in store for His faithful children.” Elder David A. Bednar, “Pray Always,”

General Conference October 2008

SUNDAY
on MONDAY

COME OFF CONQUEROR
February 10 - 16

Lined area for writing or drawing.

SUNDAY
on MONDAY

COME OFF CONQUEROR

February 10 - 16

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

MY FELLOW SERVANTS

February 17 - 23

“Upon You My Fellow Servants”

Doctrines and Covenants 12 - 17

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

THE LAW OF WITNESSES

Witnesses and witnessing are vital in God’s plan for the salvation of His children. In the Godhead, the function of the Holy Ghost is to bear witness of the Father and the Son. The Father has borne witness of the Son, and the Son has borne witness of the Father. The Lord has commanded His servants to testify of Him, and all of the prophets have borne witness of Jesus Christ.

Elder Dallin H. Oaks, “The Witness: Martin Harris,” April 1999 General Conference.

“This same pattern prevailed at each step in the Restoration of the gospel of Jesus Christ in these latter days. Multiple witnesses, reliable beyond refute, have written and spoken of what their ears heard, their eyes beheld, their hearts understood. In every dispensation, two or more witnesses have joined their voices in such proclamations. It is the pattern of heaven. Said the Apostle Paul, “In the mouth of two or three witnesses shall every word be established” (2 Cor. 13:1).

Bishop Keith B. McMullin. “Ye May Know,”
April 1996 General Conference

WHAT ARE YOU A WITNESS OF WHEN IT COMES TO THIS GREAT AND MARVELOUS WORK?

Voices of the Restoration: Witnesses of the Book of Mormon

Mary Musselman Whitmer: the 12th Witness. The only known woman to have physically seen the plates. My name is Moroni,” he said. “You have become pretty tired with all the extra work you have to do.” He swung the knapsack off his shoulder, and Mary watched as he started to untie it. “You have been very faithful and diligent in your labors,” he continued. “It is proper, therefore, that you should receive a witness that your faith may be strengthened.” Moroni opened his knapsack and removed the gold plates. He held them in front of her and turned their pages so she could see the writings on them. After he turned the last page, he urged her to be patient and faithful as she carried the extra burden a little longer. He promised she would be blessed for it.

(Saints: The Story of the Church of Jesus Christ in the Latter Days, Volume 1, The Standard of Truth, 1815–1846)

SUNDAY
on MONDAY

MY FELLOW SERVANTS

February 17 - 23

Lined area for writing notes.

SUNDAY
on MONDAY

MY FELLOW SERVANTS

February 17 - 23

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

WORTH OF SOULS

February 24 - March 2

“The Worth of Souls is Great”

Doctrines and Covenants 18

The One Soul is Great

“Brothers and sisters, I believe that if we could truly understand the Atonement of the Lord Jesus Christ, we would realize how precious is one son or daughter of God. I believe our Heavenly Father’s everlasting purpose for His children is generally achieved by the small and simple things we do for one another. At the heart of the English word atonement is the word one...If we truly understood the Atonement and the eternal value of each soul, we would seek out the wayward boy and girl and every other wayward child of God. We would help them to know of the love Christ has for them...Brothers and sisters, never, never underestimate how precious is the one.”

Elder M. Russell Ballard, “The Atonement and the Value of One Soul,” April 2004 General Conference

SUNDAY
on MONDAY

WORTH OF SOULS

February 24 - March 2

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners at the top and bottom. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

WORTH OF SOULS

February 24 - March 2

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

LEARN OF ME

March 3 - 9

“Learn of Me”

Doctrines and Covenants 19

[illegible]

SUNDAY
on MONDAY

LEARN OF ME

March 3 - 9

This revelation is unique among all scripture in its intimacy. Jesus Christ speaks of his suffering and of the feelings attending it. No one else shared this experience with him.

(Elder Bruce R. McConkie Conference Report,
April 1985, 9-10)

Elder James E. Talmage explained: "True, we read of everlasting punishment, unending suffering, eternal damnation. That is a direful expression; but in his mercy the Lord has made plain what those words mean. 'Eternal punishment,' he says, is God's punishment, for he is eternal; (Conference Report, April 1930, 97).

SUNDAY
on MONDAY

LEARN OF ME

March 3 - 9

[illegible]

SUNDAY
on MONDAY

LEARN OF ME

March 3 - 9

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

CHURCH OF CHRIST

March 10 - 16

“The Rise of the Church of Christ”

Doctrine and Covenants 20 - 22 – Church Organization and Government

[illegible]

SUNDAY
on MONDAY

CHURCH OF CHRIST

March 10 - 16

“Church of Christ” = Original name of church,
1834 changed to “Church of Latter-day Saints”,
and in 1838 D&C 115:4 “the Church of Jesus
Christ of Latter-day Saints- the presidency of
Harold B. Lee made **the** capital **The**.

SUNDAY
on MONDAY

CHURCH OF CHRIST

March 10 - 16

President Howard W. Hunter continued
(April 1991 The Sixth Day of April)

These humble, ordinary men gathered because one of them, Joseph Smith, Jr., a very young man, had set forth a most remarkable claim. He declared to them and all others who would listen that he had received profound and repeated heavenly communications, including an open vision of God the Father and his Beloved Son, Jesus Christ...the Lord had commanded this young man, by now only twenty-four years of age, to reinstitute the Church that had existed in New Testament times and that in its restored purity should again be designated by the name of its chief cornerstone and eternal head, the Lord Jesus Christ himself.”

SUNDAY
on MONDAY

CHURCH OF CHRIST

March 10 - 16

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SUNDAY
on MONDAY

CHURCH OF CHRIST

March 10 - 16

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

A BETTER WORLD

March 17 - 23

“Seek for the Things of a Better World”

Doctrine and Covenants 23 - 26

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

LUCY MACK SMITH:

“I have never seen a woman in my life, who would endure every species of fatigue and hardship, from month to month, and from year to year, with that unflinching courage, zeal, and patience, which she has always done. ... She has been tossed upon the ocean of uncertainty; ... She has breasted the storms of persecution, and buffeted the rage of men and devils, ... which have borne down almost any other woman.”

(Lucy Mack Smith, “Lucy Mack Smith, History, 1845,” 190, josephsmithpapers.org.)

SUNDAY
on MONDAY

A BETTER WORLD

March 17 - 23

[illegible]

SUNDAY
on MONDAY

A BETTER WORLD

March 17 - 23

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

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SUNDAY
on MONDAY

DONE IN ORDER

March 24 - 30

“All Things Must Be Done in Order”

Doctrine and Covenants 27 - 28

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

ELIAS

Elias the Greek form of the Hebrew name Elijah- but not always Elijah from 1 and 2 Kings. Elias is also a title or an office for a heavenly messenger who comes to prepare and restore: John the Baptist Matt. 17:10-13; John the Revelator D&C 77:14; Noah=Angel Gabriel=Elias Joseph Smith, History of the Church 3:386. Jesus Himself being the Restorer who brought back the gospel and the Melchizedek Priesthood to the Jews in His day JST John 1:28. (LDS Bible Dictionary “Elias”).

SUNDAY
on **MONDAY**

DONE IN ORDER

March 24 - 30

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SUNDAY
on MONDAY

DONE IN ORDER

March 24 - 30

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

GATHER HIS PEOPLE

March 31 - April 6

“Jesus Christ will Gather His People”

Doctrines and Covenants 29

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

GATHER HIS PEOPLE
March 31 - April 6

"I will prophesy that the signs of the coming of the Son of Man are already commenced. One pestilence will desolate after another. We shall soon have war and bloodshed. The moon will be turned into blood. I testify of these things, and that the coming of the Son of Man is nigh, even at our doors. If our souls and our bodies are not looking forth for the coming of the Son of Man; and after we are dead, if we are not looking forth, we shall be among those who are calling for the rocks to fall upon them."

Joseph Smith (Teachings of the Prophet
Joseph Smith, p. 160.)

“Concerning the coming of the Son of Man ... it is a false idea that the Saints will escape all the judgments, whilst the wicked suffer; for all flesh is subject to suffer, and ‘the righteous shall hardly escape’ [see D&C 63:34]; still many of the Saints will escape, for the just shall live by faith [see Habakkuk 2:4]; yet many of the righteous shall fall a prey to disease, to pestilence, etc., by reason of the weakness of the flesh, and yet be saved in the Kingdom of God”

(Teachings of Presidents of the Church: Joseph Smith [2007], 253).

SUNDAY
on MONDAY

GATHER HIS PEOPLE

March 31 - April 6

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SUNDAY
on MONDAY

GATHER HIS PEOPLE

March 31 - April 6

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

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SUNDAY
on MONDAY

DECLARE MY GOSPEL

April 7 - 13

“Lift Up Your Voices...to Declare My Gospel”

Doctrines and Covenants 30 - 36

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

DECLARE MY GOSPEL

April 7 - 13

“There will be times when you will feel
overwhelmed. One of the ways you will be
attacked is with the feeling that you are
inadequate. Well, You are inadequate to answer a
call to represent God with only your own powers.
But you have access to more than your natural
capacities, and you do not work alone.”

Elder Henry B. Eyring (“Rise to Your Call”
Oct. 2002 Conference)

SUNDAY
on MONDAY

DECLARE MY GOSPEL

April 7 - 13

“You are called of God. The Lord knows you. He knows whom He would have serve in every position in His church. He chose you. He has prepared a way so tat He could issue your call...Just as God called you and will guide you, he will magnify you. You will need that magnification. Your calling will surely bring opposition. You are in the Master’s service. You are His representative. Eternal lives depend on you.”

Elder Henry B. Eyring (“Rise to Your Call”
Oct. 2002 Conference)

SUNDAY
on MONDAY

DECLARE MY GOSPEL

April 7 - 13

“Believe in yourself. Believe in your capacity to do great ... things. ... You are a child of God, of infinite capacity”

President Gordon B. Hinckley (Teachings of Presidents of the Church: Gordon B. Hinckley [2016], 77).

[illegible]

SUNDAY
on MONDAY

DECLARE MY GOSPEL

April 7 - 13

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SUNDAY
on MONDAY

DECLARE MY GOSPEL

April 7 - 13

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

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SUNDAY
on MONDAY

HE WHO LIVETH

April 14 - 20

“I Am He Who Liveth, I Am He Who Was Slain”

Easter Episode

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

HE WHO LIVETH

April 14 - 20

A. ALWAYS

S. SEEKING

K. MORE KNOWLEDGE

Prayer is a privilege and the soul’s sincere desire. We can move beyond routine and “checklist” prayers and engage in meaningful prayer as we appropriately ask in faith and act, as we patiently persevere through the trial of our faith, and as we humbly acknowledge and accept “not my will, but Thine, be done.” I witness the reality and divinity of our Eternal Father, of His Only Begotten Son, the Lord Jesus Christ, and of the Holy Ghost. I testify that our Father hears and answers our prayers.

Elder David A. Bednar (“Ask in Faith,” April 2008 General Conference)

SUNDAY
on MONDAY

HE WHO LIVETH

April 14 - 20

WHAT IS SOMETHING YOU WANT TO ASK?

[illegible]

WHAT DO YOU WANT TO KNOW?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on **MONDAY**

HE WHO LIVETH

April 14 - 20

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SUNDAY
on MONDAY

HE WHO LIVETH

April 14 - 20

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

YE ARE NOT MINE

April 21 - 27

“If Ye Are Not One, Ye Are Not Mine”

Doctrines and Covenants 37 - 40

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

I Am is the first-person singular form of the Hebrew verb “to be.” This verb can be translated to mean “He is” or “He exists.” in the Past tense form it can be translated “He was.” In the causative form it can be “I cause to be” and in the future tense it is “I will be.” I AM to the Hebrew people could mean that HE IS, HE WAS, HE WILL CAUSE TO BE and HE WILL BECOME. When the Lord appeared to Moses in the burning bush, He used the name *I Am* as an identifier that He IS the God of Israel as well as the same God who WAS the God of Abraham, Isaac, and Jacob, and the God who WILL BE a and does in fact BECOME the God for future generations.

SUNDAY
on MONDAY

YE ARE NOT MINE
April 21 - 27

Lined writing area for journaling or notes.

SUNDAY
on MONDAY

YE ARE NOT MINE

April 21 - 27

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

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SUNDAY
on MONDAY

MY LAW

April 28 - May 4

“My Law to Govern My Church”

Doctrine and Covenants 41 - 44

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY on MONDAY

MY LAW

April 28 - May 4

“The scriptures say, ‘The Spirit shall be given unto you by the prayer of faith; and if ye receive not the

Spirit ye shall not teach’ (D&C 42:14). This teaches not just that you won’t teach or that you can’t teach or that it will be pretty shoddy teaching. No, it is stronger than that. It is the imperative form of the verb. ‘Ye shall not teach.’

Put a thou in there for ye and you have Mount Sinai language. This is a commandment”

Elder Holland (“Teaching, Preaching, Healing,” Ensign, Jan. 2003, 41).

SUNDAY
on MONDAY

MY LAW

April 28 - May 4

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SUNDAY
on MONDAY

MY LAW

April 28 - May 4

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

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SUNDAY
on MONDAY

THE PROMISES

May 5 - 11

“The Promises...Shall Be Fulfilled”

Doctrines and Covenants 45

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

THE PROMISES

May 5 - 11

“The very first word in the Doctrine and Covenants is hearken. It means “to listen with the intent to obey.” To hearken means to “hear Him”—to hear what the Savior says and then to heed His counsel.

In those two words—“Hear Him”—God gives us the pattern for success, happiness, and joy in this life.

We are to hear the words of the Lord, hearken to them, and heed what He has told us! As we seek to be disciples of Jesus Christ, our efforts to hear Him need to be ever more intentional. It takes conscious and consistent effort to fill our daily lives with His words, His teachings, His truths.”

President Russell M. Nelson (“Hear Him,” April 2020 General Conference)

SUNDAY
on MONDAY

THE PROMISES

May 5 - 11

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SUNDAY
on MONDAY

THE PROMISES

May 5 - 11

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

THE BEST GIFTS

May 12 - 18

“Seek Ye Earnestly the Best Gifts”

Doctrines and Covenants 46 - 48

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“One of the great processes you go through in life is to discover yourself, to find those gifts and capacities God has given you. He has given you great talents, the smallest part of which you have just begun to utilize. Trust the Lord to assist you in unlocking the door to those gifts. Some of us have created imaginary limits in our minds. There is literally a genius locked up inside each of us. Don’t ever let anyone convince you otherwise”

Elder Gene R. Cook (“Trust in the Lord,” in Hope [1988], 90–91).

“Let us review some of these less-conspicuous gifts: the gift of asking; the gift of listening; the gift of hearing and using a still, small voice; the gift of being able to weep; the gift of avoiding contention; the gift of being agreeable; the gift of avoiding vain repetition; the gift of seeking that which is righteous; the gift of not passing judgment; the gift of looking to God for guidance; the gift of being a disciple; the gift of caring for others; the gift of being able to ponder; the gift of offering prayer; the gift of bearing a mighty testimony; and the gift of receiving the Holy Ghost.”

(Elder Marvin J. Ashton, Conference Report Oct. 1987)

SUNDAY
on MONDAY

THE BEST GIFTS

May 12 - 18

[illegible]

SUNDAY
on MONDAY

THE BEST GIFTS

May 12 - 18

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across the entire width of the page, typical of notebook or legal stationery. The background is white, and there are no margins, text, or other markings present.

SUNDAY
on MONDAY

GOD IS LIGHT

May 19 - 25

“That Which is of God is Light”

Doctrines and Covenants 49 - 50

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

BASIC DOCTRINAL PRINCIPLES:

1. Godhead
2. Plan of Salvation
3. Atonement of Jesus Christ
4. Dispensation, Apostasy, & Restoration
5. Prophets and Revelation
6. Priesthood and Priesthood Keys
7. Ordinances and Covenants
8. Marriage and Family
9. Commandments

<https://www.churchofjesuschrist.org/study/youth/learn/guidebook/doctrinal?lang=eng>

SUNDAY
on MONDAY

GOD IS LIGHT

May 19 - 25

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top-left corner of the page is rounded. The entire page is framed by a thin black border.

SUNDAY
on MONDAY

GOD IS LIGHT

May 19 - 25

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

A WISE STEWARD

May 26 - June 1

“A Faithful, a Just, and a Wise Steward”

Doctrines and Covenants 51 - 57

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

A WISE STEWARD

May 26 - June 1

“In the Church, stewardship is not limited to a temporal trust or responsibility. President Spencer W. Kimball taught: “We are stewards over our bodies, minds, families, and properties. ... A faithful steward is one who exercises righteous dominion, cares for his own, and looks to the poor and needy.”

Spencer W. Kimball, "Welfare Services: The Gospel in Action," *Ensign*, Nov. 1977, 78

SUNDAY
on MONDAY

A WISE STEWARD

May 26 - June 1

“Our stewardship over God’s creations also includes, at its pinnacle, a sacred duty to love, respect, and care for all human beings with whom we share the earth. They are sons and daughters of God, our sisters and our brothers, and their eternal happiness is the very purpose of the work of creation.”

Bishop Gérald Caussé, “Our Earthly Stewardship,” October 2022 General Conference

SUNDAY
on MONDAY

A WISE STEWARD

May 26 - June 1

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top and bottom corners of the paper are rounded. The paper appears to be part of a notebook or a set of loose-leaf papers.

SUNDAY
on MONDAY

A WISE STEWARD

May 26 - June 1

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

A GOOD CAUSE

June 2 - 8

“Anxiously Engaged in a Good Cause”

Doctrines and Covenants 58 - 59

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

A GOOD CAUSE

June 2 - 8

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners at the top and bottom edges. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

A GOOD CAUSE

June 2 - 8

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

FAITHFUL ALWAYS

June 9 - 15

“I Am With the Faithful Always”

Doctrine and Covenants 60 - 63

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

FAITHFUL ALWAYS

June 9 - 15

“A testimony provides proper perspective, motivation, and a solid foundation on which to build a life of purpose and personal growth. It is a constant source of confidence, a true and faithful companion during good times and bad. A testimony provides us with a reason for hope and gladness. It helps us cultivate a spirit of optimism and happiness and enables us to rejoice in the beauties of nature. A testimony motivates us to choose the right at all times and in all circumstances. It motivates us to draw nearer to God, allowing Him to draw nearer to us (see James 4:8). Our personal testimony is a protective shield, and like an iron rod it is guiding us safely through darkness and confusion.”

Elder Dieter F. Uchtdorf (“The Power of a Personal Testimony,” October 2006 General Conference)

SUNDAY
on MONDAY

FAITHFUL ALWAYS

June 9 - 15

A modern dictionary defines *peculiar* as “unusual,” “eccentric,” or “strange.” What kind of compliment is that? But the term *peculiar* as used in the scriptures is quite different. In the Old Testament, the Hebrew term from which *peculiar* was translated is *segullah*, which means “valued property,” or “treasure.” In the New Testament, the Greek term from which *peculiar* was translated is *peripoiesis*, which means “possession,” or “an obtaining.” Thus, we see that the scriptural term *peculiar* signifies “valued treasure,” “made” or “selected by God.”

For us to be identified by servants of the Lord as his *peculiar* people is a compliment of the highest order.

Russell M. Nelson “Children of the Covenant,” April 1995 General Conference)

SUNDAY
on MONDAY

FAITHFUL ALWAYS

June 9 - 15

[illegible]

SUNDAY
on MONDAY

FAITHFUL ALWAYS

June 9 - 15

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

[illegible]

SUNDAY
on MONDAY

HEART & WILLING MIND

June 16 - 22

“The Lord Requireth the Heart and a Willing Mind”

Doctrines and Covenants 64 - 66

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

HEART & WILLING MIND

June 16 - 22

Surely each of us could cite an endless array of old scars and sorrows and painful memories that this very moment still corrode the peace in someone's heart or family or neighborhood. Whether we have caused that pain or been the recipient of the pain, those wounds need to be healed so that life can be as rewarding as God intended it to be. Like the food in your refrigerator that your grandchildren carefully check in your behalf, those old grievances have long since exceeded their expiration date. Please don't give precious space in your soul to them any longer...My beloved friends, in our shared ministry of reconciliation, I ask us to be peacemakers—to love peace, to seek peace, to create peace, to cherish peace. I make that appeal in the name of the Prince of Peace, who knows everything about being “wounded in the house of [His] friends” but who still found the strength to forgive and forget—and to heal—and be happy.

Elder Holland (“The Ministry of Reconciliation,”
Oct. 2018 General Conference)

SUNDAY
on MONDAY

HEART & WILLING MIND

June 16 - 22

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top and bottom corners of the paper are rounded. The paper appears to be part of a notebook or a set of loose-leaf papers.

SUNDAY
on MONDAY

HEART & WILLING MIND

June 16 - 22

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook or legal stationery. There are no margins, text, or other markings on the page.

SUNDAY
on MONDAY

WORTH...THE RICHES

June 23 - 29

“Worth...The Riches of the Whole Earth”

Doctrine and Covenants 67 - 70

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

WORTH...THE RICHES

June 23 - 29

CORNER STONE = JESUS CHRIST

KEYSTONE = BOOK OF MORMON

CAP STONE = DOCTRINE AND COVENANTS

CAP STONE = A FINISHING STONE OF A STRUCTURE

CAPSTONE COURSE IN COLLEGE =
A CAPSTONE COURSE SERVES AS
THE CULMINATING AND USUALLY
INTEGRATIVE EXPERIENCE OF AN
EDUCATIONAL PROGRAM

[illegible]This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

“After receiving instructions, we need to be obedient and hearken to the counsel we receive. We need to listen to and follow our appointed leaders. The Lord declared that “whatsoever they shall speak when moved upon by the Holy Ghost shall be scripture, shall be the will of the Lord, shall be the mind of the Lord, shall be the word of the Lord, shall be the voice of the Lord, and the power of God unto salvation” (D&C 68:4).
‘If all else fails—Please! Follow instructions.’

Elder D. Rex Garratt, “Follow the Instructions,”
April 2003 General Conference

SUNDAY
on MONDAY

WORTH...THE RICHES

June 23 - 29

[illegible]

SUNDAY
on MONDAY

WORTH...THE RICHES

June 23 - 29

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

[illegible]

NO WEAPON AGAINST YOU
June 30 - July 6

June 30 - July 6

Doctrines and Covenants 71 - 75

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

NO WEAPON AGAINST YOU

June 30 - July 6

“Today it is almost impossible to courageously live our faith without occasionally attracting a few actual and virtual fingers of scorn from the worldly...So what about us? Should we be intimidated or afraid? Should we live our religion at periscope depth? Surely not! With faith in Christ, we need not fear the reproach of men or be afraid of their revilings. With the Savior at the helm and living prophets to lead and guide us, ‘who can be against us?’ Let us be confident, not apologetic, valiant, not timid, faithful, not fearful as we hold up the Lord’s light in these last days.”

Elder Elder Jörg Klebingat (“Valiant Discipleship in the Latter Days,” April 2022 General Conference)

SUNDAY
on MONDAY

NO WEAPON AGAINST YOU

June 30 - July 6

The Standard of Truth has been erected; no unhallowed hand can stop the work from progressing; persecutions may rage, mobs may combine, armies may assemble, calumny may defame, but the truth of God will go forth boldly, nobly, and independent, till it has penetrated every continent, visited every clime, swept every country, and sounded in every ear, till the purposes of God shall be accomplished, and the Great Jehovah shall say the work is done.

Teachings: Joseph Smith, 444

SUNDAY
on MONDAY

NO WEAPON AGAINST YOU

June 30 - July 6

“Don’t be fooled or intimidated by the loud adversarial noises emanating from the great and spacious building. Their desperate decibels are no match for the serene influence of the still, small voice upon broken hearts and contrite spirits.”

Elder Elder Jörg Klebingat (“Valiant Discipleship in the Latter Days,” April 2022 General Conference)

[illegible]

SUNDAY
on MONDAY

NO WEAPON AGAINST YOU

June 30 - July 6

Lined area for writing or drawing.

SUNDAY
on MONDAY

NO WEAPON AGAINST YOU

June 30 - July 6

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

GREAT THEIR REWARD
July 7 - 13

July 7 - 13

Doctrines and Covenants 76

[illegible]

SUNDAY
on MONDAY

GREAT THEIR REWARD

July 7 - 13

Joseph Smith and Sidney Rigdon “received a revelation so stunning, so expansive, so illuminating that the Saints simply called it “the Vision.” It threw open heaven’s windows and gave God’s children a mind-stretching view of eternity. The vision revealed that heaven is grander and broader and more inclusive than most people had previously supposed. God is more merciful and just than we can comprehend.

And God's children have an eternal destiny
more glorious than we can imagine."

(Come Follow Me Manual: July 7-13, “Great Shall Be Their Reward and Eternal Shall Be Their Glory,” Doctrine and Covenants 76)

[illegible][illegible]

SUNDAY
on MONDAY

GREAT THEIR REWARD

July 7 - 13

KINGDOMS OF GLORY

CELESTIAL (76: 50-70, 92-96)

TERRESTRIAL (76: 71-80, 97)

TELESTIAL (76: 81-90, 98-106, 109-12)

SON OF PERDITION (76:30-49)

“The ‘Vision’ [is] a revelation which gives more light, more truth and more principle than any revelation contained in any other book we ever read. It makes plain to our understanding our present condition, where we came from, why we are here, and where we are going to. Any man may know through that revelation what his part and condition will be.”

Deseret News, Aug. 3, 1881, 481; see also Teachings of Presidents of the Church: Wilford Woodruff (2004), 120–21

GREAT THEIR REWARD
July 7 - 13

July 7 - 13

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top corners of the page are rounded. The paper appears to be from a notebook or a standard sheet of stationery.

SUNDAY
on MONDAY

GREAT THEIR REWARD

July 7 - 13

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

LEAD YOU ALONG

July 14 - 20

“I Will Lead You Along”

Doctrine and Covenants 77 - 80

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

LEAD YOU ALONG

July 14 - 20

Joseph Smith declared that the book of Revelation was “one of the plainest books God ever caused to be written” (in *History of the Church*, 5:342). When he made this statement, he was speaking at a general conference of the Church in Nauvoo April 8, 1843. He directed some of his comments to Elder Pelatiah Brown, who had been accused of preaching false doctrine about the book of Revelation. He cautioned Elder Brown and other missionaries not to teach about the specific symbols and details in the book and to instead preach the basic principles of the gospel.

(Doctrine and Covenants Seminary
Teacher Manual D&C 77)

SUNDAY
on MONDAY

LEAD YOU ALONG

July 14 - 20

According to President Ezra Taft Benson
“The Prophet Joseph is reported to have said
at one time that one of the greatest sins for
which the Latter-day Saints would be guilty
would be the sin of ingratitude.”

(TETB, p. 363)

[illegible]

SUNDAY
on MONDAY

LEAD YOU ALONG

July 14 - 20

President Joseph F. Smith said, (likely quoting his uncle-Joseph Smith (son of Hyrum) who BY reported as having been the originator of this idea) **“One of the greatest sins of which the inhabitants of the earth are guilty to-day, is the sin of ingratitude”**

(in Journal of Discourses, 25:52)

SUNDAY
on MONDAY

LEAD YOU ALONG

July 14 - 20

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top-left corner of the page is rounded. The entire page is framed by a thin black border.

SUNDAY
on MONDAY

LEAD YOU ALONG

July 14 - 20

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

MUCH IS REQUIRED

July 21 - 27

“Where ‘Much is Given Much Is Required’”

Doctrine and Covenants 81 - 83

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

MUCH IS REQUIRED

July 21 - 27

President Camille N. Johnson said: “When we ‘succor the weak, lift up the hands which hang down, and strengthen the feeble knees’ we come to know Him, become like Him, and find His relief. In one of the early meetings of the newly organized Relief Society, Lucy Mack Smith, the mother of the Prophet Joseph Smith, said, “We must cherish one another, watch over one another, comfort one another and gain instruction, that we may all sit down in heaven together.” Historian Jennifer Reeder wrote of this, “In a united cause to provide relief, the women partnered with Christ, and in so doing, they found His relief”

(First: The Life and Faith of Emma Smith [2021], 130).

[illegible]This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on **MONDAY**

MUCH IS REQUIRED

July 21 - 27

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SUNDAY
on MONDAY

MUCH IS REQUIRED

July 21 - 27

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

[illegible]

SUNDAY
on MONDAY

POWER OF GODLINESS

July 28 - August 3

“The Power of Godliness”

Doctrines and Covenants 84

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“I entreat you to study prayerfully *all* the truths you can find about priesthood power. You might begin with Doctrine and Covenants sections 84 and 107... As your understanding increases and as you exercise faith in the Lord and His priesthood power, your ability to draw upon this spiritual treasure that the Lord has made available will increase. As you do so, you will find yourselves better able to help create eternal families that are united, sealed in the temple of the Lord, and full of love for our Heavenly Father and for Jesus Christ.”

President Russell M. Nelson (“Spiritual Treasures,”
October 2019 General Conference)

SUNDAY
on MONDAY

POWER OF GODLINESS

July 28 - August 3

[illegible]

SUNDAY
on MONDAY

POWER OF GODLINESS

July 28 - August 3

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

HOLY PLACES

August 4-10

“Stand Ye In Holy Places”

Doctrines and Covenants 85 - 87

[illegible]

SUNDAY
on MONDAY

HOLY PLACES

August 4-10

D&C 87 was given in 1832. Orson Pratt had this thought when he wondered how or if this revelation would be fulfilled: “I knew the prophecy was true, for the Lord had spoken to me and had given me revelation. I knew also concerning the divinity of this work. Year after year passed away, while every little while some of the acquaintances I had formerly made would say, “Well, what is going to become of that prediction? It’s never going to be fulfilled.” Said I, “Wait, the Lord has his set time.” (Orson Pratt, Journal of Discourses, 18:224–25)

[illegible]

SUNDAY
on MONDAY

HOLY PLACES

August 4-10

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top-left corner of the page is rounded. The entire page is blank, with no handwriting or other markings.

SUNDAY
on MONDAY

HOLY PLACES

August 4-10

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

A HOUSE OF GOD

August 11-17

“Establish...A House of God”

Doctrines and Covenants 88

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY on MONDAY

A HOUSE OF GOD

August 11-17



Doctrine and Covenants 88 is called the “olive leaf” because this section is “signifying its message of peace from the Lord, as Joseph Smith described it as “the Lord’s message of peace to us.”

-Joseph Smith (Section heading to D&C 88)

SUNDAY
on MONDAY

A HOUSE OF GOD

August 11-17

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top-left corner of the page is rounded. The entire page is framed by a thin black border.

SUNDAY
on MONDAY

A HOUSE OF GOD

August 11-17

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

PRINCIPLE WITH PROMISE

August 18-24

“A Principle with Promise”

Doctrines and Covenants 89 - 92

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.

SUNDAY
on MONDAY

PRINCIPLE WITH PROMISE

August 18-24

Eventually I learned that God's promises are not always fulfilled as quickly as or in the way we might hope; they come according to His timing and in His ways. Years later I could see clear evidence of the temporal blessings that come to those who obey the Word of Wisdom—in addition to the spiritual blessings that come immediately from obedience to any of God's laws. Looking back, I know for sure that the promises of the Lord, if perhaps not always swift, are always certain.

(Dieter F. Uchtdorf, "Continue in Patience,"
Ensign or Liahona, May 2010, 58)

SUNDAY
on MONDAY

PRINCIPLE WITH PROMISE

August 18-24

HOW HAS THE WORD OF WISDOM BLESSED YOU?

CHALLENGE: WRITE YOUR OWN EXPERIENCE WITH THE WORD OF WISDOM AND SHARE IT IN CLASS THIS WEEK.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

PRINCIPLE WITH PROMISE

August 18-24

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SUNDAY
on MONDAY

PRINCIPLE WITH PROMISE

August 18-24

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

[illegible]

SUNDAY
on MONDAY

HIS FULLNESS

August 25 - 31

“Receive of His Fullness”

Doctrines and Covenants 93

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.

SUNDAY
on MONDAY

HIS FULLNESS

August 25 - 31

“When you climb up a ladder, you must begin at the bottom, and ascend step by step, until you arrive at the top; and so it is with the principles of the gospel—you must begin with the first, and go on until you learn all the principles of exaltation. But it will be a great while after you have passed through the veil before you will have learned them. It is not all to be comprehended in this world; it will be a great work to learn our salvation and exaltation even beyond the grave.”

(Teachings of Presidents of the Church: Joseph Smith [2007], 268)

[illegible]This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

SUNDAY
on MONDAY

HIS FULLNESS

August 25 - 31

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners at the top and bottom edges. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

HIS FULLNESS

August 25 - 31

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

SALVATION OF ZION

September 1 - 7

“For the Salvation of Zion”

Doctrines and Covenants 94 - 97

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY on MONDAY

SALVATION OF ZION

September 1 - 7

And it shall come to pass in the last days,
that the mountain of the Lord's house shall
be established in the top of the mountains,
and shall be exalted above the hills; and all
nations shall **flow** unto it.

Isaiah 2:2

The word *flow* in the Hebrew bible is *nahar*
and actually means “river” – “and all nations
shall river unto it.” Isaiah is so clever, he used
the noun ‘river’, and made it into a verb. This
partly shows the miracle of the latter-day
temples because if all nations are going to
flow up the mountain, up the hill, like a river,
they’re actually going against gravity. All
nations will river unto, up to the mountain of
the Lord's house. So that's the miracle of the
temple, is people flow like a river, but they
flow uphill, which is against gravity. How
many times has going to the temple felt like
an uphill flow? Many of us make sacrifices to
get up to that “mountain,” and sometimes it
can feel against the current spiritually,
emotionally, mentally. But we are promised
when we get there to be taught of his ways
and it will help us to walk in his paths

Isaiah 2:3

SUNDAY
on MONDAY

SALVATION OF ZION

September 1 - 7

SALVATION OF ZION

September 1 - 7

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners at the top and bottom edges. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

SALVATION OF ZION

September 1 - 7

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

KNOW I AM GOD

September 8 - 14

“Be Still and Know That I Am God”

Doctrines and Covenants 98 - 101

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

KNOW I AM GOD

September 8 - 14

D&C 101:3-9 CR HEBREWS 4:14-16

“Unlike you and me, Christ is capable of clearly seeing all facets of a given situation. Even knowing all our weaknesses as He does, the Savior does not rashly condemn us but continues to work with us compassionately over time.”

(Ulisses Soares, “The Savior’s Abiding Compassion,” Liahona, Nov. 2021, 15)

SUNDAY
on MONDAY

KNOW I AM GOD

September 8 - 14

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SUNDAY
on MONDAY

KNOW I AM GOD

September 8 - 14

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

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SUNDAY
on MONDAY

COMETH THE BLESSING

September 15 - 21

“After Much Tribulation....Cometh the Blessing”

Doctrine and Covenants 102 - 105

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

COMETH THE BLESSING

September 15 - 21

I was called to take my life in my hands and go up to Missouri, and a little handful of us went up to redeem our brethren. We certainly had to go by faith. My neighbors called upon and pled with me not to go; said they—"Do not go, if you do you will lose your life." I said to them—"If I knew that I should have a ball [shot] through my heart the first step I took in the State of Missouri I would go." ... That is the way I felt in those days with regard to the work of God, and that is the way I feel today. I am after salvation and eternal life, and I do not want anything to stand between me and that which I am in pursuit of.

(Wilford Woodruff's description of his decision
to join Zion's Camp, in *Journal of Discourses*,
17:246; spelling modernized)

[illegible][illegible]

SUNDAY
on MONDAY

COMETH THE BLESSING

September 15 - 21

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners on the left side and a straight edge on the right. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

COMETH THE BLESSING

September 15 - 21

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

ORDER OF THE SON OF GOD

September 22 - 28

Doctrines and Covenants 106 - 108

ORDER OF THE SON OF GOD

September 22 - 28

September 22 - 28

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

(Russell M. Nelson, “The Love and Laws of God” BYU Speeches, September 17, 2019.)

“Let love be the Polar Star of our lives in reaching out to those who need our strength. There are many among us who lie alone in pain. Medicine helps, but kind words can bring to pass miracles. Many there are who walk in frightening circumstances, fearful and unable to cope. There are good bishops and Relief Society officers who are available to help, but these cannot do it all. Each of us can and must be anxiously engaged. It was said of the Savior, “He went about doing good.” (Acts 10:38.) The divine voice of revelation speaks: ‘Therefore, strengthen your brethren in all your conversation, in all your prayers, in all your exhortations, and in all your doings.’” (D&C 108:7.)

President Gordon B. Hinckley (“Let Love Be the Lodestar of Your Life,” April 1989, General Conference.)

ORDER OF THE SON OF GOD

September 22 - 28

September 22 - 28

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top corners of the page are rounded. The paper appears to be from a notebook or a standard sheet of stationery.

ORDER OF THE SON OF GOD

September 22 - 28

September 22 - 28

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across its entire width, typical of notebook or legal stationery. The background is a solid off-white color, and there are no margins, text, or other markings present.

SUNDAY
on MONDAY

PLACE OF THE HOLINESS

September 29 - October 5

“It is Thy House, a Place of The Holiness”

Doctrines and Covenants 109 - 110

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, typical of notebook paper. There are no margins, text, or other markings on the page.

SUNDAY
on MONDAY

PLACE OF THE HOLINESS

September 29 - October 5

Brothers and sisters, now is the time for you and for me to prepare for the Second Coming of our Lord and Savior, Jesus the Christ. Now is the time for us to make our discipleship our highest priority. In a world filled with dizzying distractions, how can we do this? Regular worship in the temple will help us. In the house of the Lord, we focus on Jesus Christ. We learn of Him. We make covenants to follow Him. We come to know Him. As we keep our temple covenants, we gain greater access to the Lord's strengthening power. In the temple, we receive protection from the buffetings of the world. We experience the pure love of Jesus Christ and our Heavenly Father in great abundance! We feel peace and spiritual reassurance, in contrast to the turbulence of the world. Here is my promise to you: Every sincere seeker of Jesus Christ will find Him in the temple. You will feel His mercy. You will find answers to your most vexing questions. You will better comprehend the joy of His gospel.

President Russell M. Nelson (“The Lord Jesus Christ Will Come Again,” October 2024 General Conference)

SUNDAY
on MONDAY

PLACE OF THE HOLINESS
September 29 - October 5

Lined area for writing or drawing.

SUNDAY
on MONDAY

PLACE OF THE HOLINESS

September 29 - October 5

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

ALL THINGS FOR YOUR GOOD

October 6 - 12

“I Will Order All Things For Your Good”

Doctrines and Covenants 111-114

[illegible]

“You may be facing overwhelming challenges,” Elder Richard G. Scott taught. “Sometimes they are so concentrated, so unrelenting, that you may feel they are beyond your capacity to control. Don’t face the world alone. ‘Trust in the Lord with all thine heart; and lean not unto thine own understanding’ [Proverbs 3:5]. ... It was intended that life be a challenge, not so that you would fail, but that you might succeed through overcoming.”

(Dallin H. Oaks “Be of Good Cheer,” October 2020 General Conference; Richard G. Scott, Finding Peace, Happiness, and Joy (2007), 248–49.)

SUNDAY
on **MONDAY**

ALL THINGS FOR YOUR GOOD
October 6 - 12

Lined area for journaling or notes.

SUNDAY
on MONDAY

ALL THINGS FOR YOUR GOOD

October 6 - 12

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MORE SACRED UNTO ME
October 13 - 19

October 13 - 19

Doctrine and Covenants 115-120

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MORE SACRED UNTO ME
October 13 - 19

October 13 - 19

[illegible]

MORE SACRED UNTO ME
October 13 - 19

October 13 - 19

[illegible]

MORE SACRED UNTO ME
October 13 - 19

October 13 - 19

MORE SACRED UNTO ME
October 13 - 19

October 13 - 19

[illegible]

SUNDAY
on MONDAY

WHERE ART THOU?

October 20 - 26

“O God, Where Art Thou?”

Doctrine and Covenants 121 - 123

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

There are millions of God-fearing people who pray to God to be lifted out of their afflictions. Our Savior has revealed that He “descended below all things” (D&C 88:6). As Elder Neal A. Maxwell taught, “Having ‘descended below all things,’ He comprehends, perfectly and personally, the full range of human suffering.” We might even say that having descended beneath it all, He is perfectly positioned to lift us and give us the strength we need to endure our afflictions. We have only to ask.

Dallin H. Oaks (“Strengthened by the Atonement of Jesus Christ,” Ensign or Liahona, Nov. 2015, 64)

SUNDAY
on MONDAY

WHERE ART THOU?

October 20 - 26

Our Savior's Atonement does more than assure us of immortality by a universal resurrection and give us the opportunity to be cleansed from sin by repentance and baptism. His Atonement also provides the opportunity to call upon Him who has experienced all of our mortal infirmities to give us the strength to bear the burdens of mortality. He knows of our anguish, and He is there for us. Like the good Samaritan, when He finds us wounded at the wayside, He will bind up our wounds and care for us (see Luke 10:34). The healing and strengthening power of Jesus Christ and His Atonement is for all of us who will ask. I testify of that as I also testify of our Savior, who makes it all possible.

Dallin H. Oaks (“Strengthened by the Atonement of Jesus Christ,” *Ensign* or *Liahona*, Nov. 2015, 64)

SUNDAY
on MONDAY

WHERE ART THOU?

October 20 - 26

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top-left corner of the page is rounded. The entire page is framed by a thin black border.

SUNDAY
on MONDAY

WHERE ART THOU?

October 20 - 26

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

LIBERTY JAIL

October 20 - 26

VOICES OF THE RESTORATION: LIBERTY JAIL

MY LIBERTY JAIL LETTER

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

HOUSE UNTO MY NAME

October 27 - November 2

“A House unto My Name”

Doctrines and Covenants 124

[illegible]

SUNDAY
on MONDAY

HOUSE UNTO MY NAME

October 27 - November 2

[illegible]

Nauvoo Temple 2002 Dedicatory Prayer Excerpt:

“Father dear, bless this land that those who govern shall never trample the rights of the people as was once done in Nauvoo. May liberty and peace be maintained under the banner of the Constitution, which Thou hast caused to be established ‘for the rights and protection of all flesh’ (Doctrine and Covenants 101:77). Bless this city of Nauvoo, which came to be known as the City of Joseph. May it shine with a renewed luster as the home of a temple of God. May this sacred house stand as a memorial to him who lived here and was buried here, Joseph Smith, the great Prophet of this dispensation, and his brother Hyrum, whom he loved.”

(Church News, "Nauvoo Illinois Temple;
113 temple dedicated," lds.org)

[illegible]

SUNDAY
on MONDAY

HOUSE UNTO MY NAME

October 27 - November 2

“We thank Thee that those harsh days are now long past. We thank Thee for this season in which we live, with the many blessings of peace and prosperity which we enjoy at Thy hands. Thy Spirit has brooded over us and moved upon us, and in obedience to its promptings we have now reconstructed on this hallowed ground the temple that once stood here.” He petitioned: “We pray that Thou wilt accept of this our offering. The hearts of the children have literally turned to those fathers who worked on the original building. They have done so with love and a wonderful spirit of consecrated effort.”

(“Nauvoo Illinois Temple Dedicated,” Sept. 2002 Ensign)

SUNDAY
on MONDAY

HOUSE UNTO MY NAME

October 27 - November 2

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has rounded corners at the top and bottom. There is no handwriting or other markings on the page.

SUNDAY
on MONDAY

HOUSE UNTO MY NAME

October 27 - November 2

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

[illegible]

VOICES OF THE RESTORATION: THE RELIEF SOCIETY

On March 17, 1842, the Female Relief Society of Nauvoo was organized, laying the foundation for what would become one of the oldest and largest women's societies in the world. With Emma Smith as their president, the intrepid women gathered money and supplies to help build the Nauvoo Temple and assist families in need. Addressing the society, Latter-day Saint prophet Joseph Smith declared, "I now turn the key to you in the name of God and this Society shall rejoice and knowledge and intelligence shall flow down from this time—this is the beginning of better days."

(Joseph Smith, “Discourse, 28 April 1842, as Reported by Eliza R. Snow,” in Nauvoo Relief Society Minute Book, 40, josephsmithpapers.org.)

SUNDAY
on MONDAY

THE RELIEF SOCIETY

October 27 - November 2

“When the Prophet Joseph Smith turned the key for the emancipation of womankind, it was turned for all the women of the world, and from generation to generation the number of women who can enjoy the blessings of religious liberty and civil liberty has been increasing.”

(George Albert Smith, “Address to the Members of the Relief Society,” Relief Society Magazine, Dec. 1945, 717; see also Belle S. Spafford, “Latter-day Saint Women in Today’s Changing World,” in Jennifer Reeder and Kate Holbrook, eds., *At the Pulpit: 185 Years of Discourses by Latter-day Saint Women* (Salt Lake City: Church Historian’s Press, 2017), 189.)

SUNDAY
on MONDAY

A VOICE OF GLADNESS

November 3 - 9

“A Voice of Gladness for the Living and the Dead”

Doctrines and Covenants 125 - 128

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Jane Harper Neyman [Fisher] (1792–1880) was born and raised in western Pennsylvania. She was baptized in 1838, and she and her husband, William Neyman, moved in 1840 to Nauvoo, Illinois, where William died within a few months. Her second husband, Thomas G. Fisher, died soon after their March 1844 marriage. Neyman lost four other family members within the year. Neyman and her children suffered from poverty in Nauvoo. Neyman states that Joseph Smith introduced the subject of baptism for the dead at Seymour Brunson's funeral (date written as 13 September 1840 and later corrected to 15 August 1840). Neyman also states that she was then baptized for her son Cyrus by Harvey Olmstead, and the words used in the ceremony received Joseph Smith's approval. Vienna Jaques also states that she witnessed the ceremony. She was the first Latter-day Saint to be baptized by proxy for the dead. Neyman later traveled to Utah with her daughters and settled in Beaver, Utah. She served as the first Relief Society President when it was organized on January 11, 1868. Her motto as president was “gather up the fragments, let nothing be lost” which she may have believed for both the living and the dead.

(Jennifer Reeder & Kate Holbrook, “At the Pulpit: 185 Years of Discourses by Latter-day Saint Women: Be Forebearing and Forgiving: Jane H. Nyeman,” The Church Historians Press, 2017, ch. 12.)

SUNDAY
on MONDAY

Lined writing area for journaling or notes.

SUNDAY
on MONDAY

A VOICE OF GLADNESS

November 3 - 9

WHAT IS A TRUTH THAT YOU LEARNED THIS WEEK?

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There is no handwriting or other markings on the paper.

I HAVE SEEN YOUR SACRIFICES

November 10 - 16

November 10 - 16

Doctrines and Covenants 129 - 132

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

November 10 - 16

SUNDAY on MONDAY

I HAVE SEEN YOUR SACRIFICES

November 10 - 16

God's promise of eternal life includes eternal marriage, children, and all other blessings of an eternal family. This promise applies to those who are not currently married or are without family in the Church (see 38.1.4).

These blessings are assured to all who strive to live as disciples of Jesus Christ.

(General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints, 2.1)

SUNDAY
on **MONDAY**

I HAVE SEEN YOUR SACRIFICES

November 10 - 16

Lined area for journaling or writing.

I HAVE SEEN YOUR SACRIFICES
November 10 - 16

November 10 - 16

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

November 17 - 23

November 17 - 23

COMING OF THE BRIDEGROOM
November 17 - 23

November 17 - 23

COMING OF THE BRIDEGROOM
November 17 - 23

November 17 - 23

[illegible]

SUNDAY
on **MONDAY**

SEALED WITH HIS OWN BLOOD

November 24 - 30

He “Has Sealed His Mission and His Works with His Own Blood”

Doctrine and Covenants 135 - 136

**THE LORD’S WORK
THROUGH JOSEPH SMITH**

SEALED WITH HIS OWN BLOOD
November 24 - 30

November 24 - 30

(M. Russell Ballard, “Shall We Not Go On in So Great a Cause?,” *Ensign or Liahona*, May 2020, 11)

SEALED WITH HIS OWN BLOOD
November 24 - 30

November 24 - 30

SEALED WITH HIS OWN BLOOD
November 24 - 30

November 24 - 30

[illegible]

[illegible][illegible]

(Teachings of Presidents of the Church: Joseph Smith [2007], 533–34)

SUCCESSION IN THE PRESIDENCY

November 24 - 30

November 24 - 30

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

“When we got that letter, Orson Pratt and I were there and read the letter. I felt then as I never felt in my life. ... My head felt so distressed [I] thought it would crack. ... Is the Priesthood off the earth? Joseph and Hyrum are gone. [Then] it came like a clap of hands. It came to me like Revelation—the keys of the kingdom are here.”

(Brigham Young, in Historian’s Office General Church Minutes, Feb. 12, 1849, 2, Church History Library, Salt Lake City; spelling, punctuation, and grammar standardized)

REDEMPTION OF THE DEAD

December 1 – 7

Doctrines and Covenants 137 - 138

REDEMPTION OF THE DEAD

December 1 – 7

December 1 – 7

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

(Russell M. Nelson, “Salvation and Exaltation,”
Ensign or Liahona, May 2008, 10)

REDEMPTION OF THE DEAD

December 1 – 7

December 1 – 7

[illegible]

[illegible]

REDEMPTION OF THE DEAD

December 1 – 7

December 1 – 7

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REDEMPTION OF THE DEAD

December 1 – 7

December 1 – 7

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SUNDAY
on MONDAY

“WE BELIEVE”

December 8 – 14

“We Believe”

The Articles of Faith & Official Declaration

[illegible]

SUNDAY
on MONDAY

“WE BELIEVE”

December 8 – 14

“What about those who are not able to marry in this life or those who cannot be sealed to their parents in this life? We know that the Lord will judge each of us according to the desires of our hearts, as well as our works, and that the blessings of exaltation will be given to all who are worthy.”

(Russell M. Nelson, “Salvation and Exaltation,”
Ensign or Liahona, May 2008, 10)

SUNDAY
on MONDAY

“WE BELIEVE”

December 8 – 14

I encourage you to use your bright minds to study and learn the Articles of Faith and the doctrines they teach.

They are among the most important and certainly the most concise statements of doctrine in the Church. If you will use them as a guide to direct your studies of the gospel of Jesus Christ, you will find yourself prepared to declare your witness of the restored truth to the world. You will be able to declare in simple, straightforward, and profound ways the core beliefs you hold dear as a member of The Church of Jesus Christ of Latter-day Saints.

(L. Tom Perry, “The Doctrines and Principles Contained in the Articles of Faith,” *Ensign or Liahona*, Nov. 2013, 48)

SUNDAY
on MONDAY

“WE BELIEVE”
December 8 – 14

Lined writing area for journaling or reflection.

SUNDAY
on MONDAY

“WE BELIEVE”

December 8 – 14

WHAT TRUTH DID YOU LEARN THIS WEEK?

[illegible]

SUNDAY
on MONDAY

FAMILY IS CENTRAL

December 15 – 21

“The Family Is Central to the Creator’s Plan”

For this lesson you will need to print off a copy of “The Family Proclamation” from the lds.org website.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

FAMILY IS CENTRAL

December 15 – 21

“With so much of sophistry that is passed off as truth, with so much of deception concerning standards and values, with so much of allurements and enticement to take on the slow stain of the world, we have felt to warn and forewarn. In furtherance of this we of the First Presidency and the Council of the Twelve Apostles now issue a proclamation to the Church and to the world as a declaration and reaffirmation of standards, doctrines, and practices relative to the family which the prophets, seers, and revelators of this church have repeatedly stated throughout its history.”

(Gordon B. Hinckley, "Stand Strong against the Wiles of the World," *Ensign*, Nov. 1995, 100)

SUNDAY
on MONDAY

FAMILY IS CENTRAL

December 15 – 21

This life is the time to prepare for salvation and exaltation. In God's eternal plan, salvation is an individual matter; exaltation is a family matter.

(Russell M. Nelson, “Salvation and Exaltation,” April 2008 General Conference)

[illegible]

SUNDAY
on MONDAY

FAMILY IS CENTRAL

December 15 – 21

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The top and bottom corners of the paper are rounded. The paper appears to be part of a notebook or a set of loose-leaf papers.

SUNDAY
on MONDAY

FAMILY IS CENTRAL

December 15 – 21

WHAT TRUTH DID YOU LEARN THIS WEEK?

[illegible]

SUNDAY
on MONDAY

CHRISTMAS

December 22 – 28

The Matchless Gift of God's Divine Son

For this lesson you will need to print off a copy of “Living Christ: The Testimony of the Apostles” from the [lds.org](https://www.lds.org) website.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SUNDAY
on MONDAY

CHRISTMAS

December 22 – 28

The Prophet Joseph Smith declared, “The fundamental principles of our religion are the testimony of the Apostles and Prophets, concerning Jesus Christ, that He died, was buried, and rose again the third day, and ascended into heaven; and all other things which pertain to our religion are only appendages to it” (Teachings of Presidents of the Church: Joseph Smith [2011], 49). Over 160 years later, this statement inspired the First Presidency and Quorum of the Twelve Apostles to publish “The Living Christ: The Testimony of the Apostles” in honor of the 2,000th anniversary of the Savior’s birth.

(see Russell M. Nelson, “Drawing the Power of Jesus Christ into Our Lives,” *Ensign* or *Liahona*, May 2017, 40; *Doctrine and Covenants 2025: Come Follow Me—For Home and Church*, December 22–28: *The Matchless Gift of God’s Divine Son—Christmas*,”

Intellectual Reserve 2024.)

SUNDAY
on MONDAY

CHRISTMAS

December 22 – 28

[illegible]

SUNDAY
on MONDAY

CHRISTMAS

December 22 – 28

WHAT TRUTH DID YOU LEARN THIS WEEK?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]